

Breakfast & Lunch

AUGUST 2025

Estancia Municipal School District

Menu subject to change
due to food availability

Monday

Tuesday

Wednesday

Thursday

Friday



7th & 9th grades only- July 30

Mini Cinnamon Rolls
Juice & Milk

Turkey Subs, Chips,
Carrots

July 31

Chocolate Muffin
Juice & Milk

Chicken Nuggets, Mac &
Cheese, BBQ Cups,
Celery

NO SCHOOL 1



Cherry Frudel
Juice & Milk 4

Salisbury Steak, Gravy,
Baby Bakers, Green
Beans. Roll

Waffles
Juice & Milk 11

Chicken Strips, Mashed
Potatoes, Gravy, Green
Beans, Roll

Bagel Pizza
Juice & Milk 18

Orange Chicken, Rice,
Mixed Vegetables

Pancakes
Juice & Milk 25

Steak Fingers, Mashed
Potatoes, Green Beans,
Roll

Breakfast Bar
Juice & Milk 5

Pizza, Salad, Red Bell
Peppers

Yogurt with Granola
Juice & Milk 12

Spaghetti, Salad,
Carrots, Breadstick

Breakfast Cookie
Juice & Milk 19

Turkey Wrap, Chips,
Broccoli

Biscuit with Egg &
Sausage, Juice & Milk 26

Meatball Sub, Chips,
Broccoli

French Toast
Juice & Milk 6

Beef Tacos, Garnish,
Beans

Tortilla with
Hashbrown & Sausage
Juice & Milk 13

Nacho Grande, Garnish,
Beans

Omelet with
Tortilla, Juice & Milk 20

Frito Pie, Garnish, Red
Bell Peppers

Blueberry Muffin
Juice & Milk 27

Beef & Potato Burrito,
Beans

Bagel with Cream
Cheese, Juice & Milk 7

Chicken Patty Sandwich,
Chips, Broccoli

Apple Frudel
Juice & Milk 14

Cheeseburger, Fries,
Garnish, Broccoli

Cereal Bar
Juice & Milk 21

Chicken Bowl with Corn,
Biscuit

Go-Gurt with Chex
Mix, Juice & Milk 28

Ham & Cheese Croissant,
Chips, Carrots

NO SCHOOL 8



NO SCHOOL 15



NO SCHOOL 22



NO SCHOOL 29



Estancia Municipal Schools is an equal opportunity employer

All meals are served with fruit and milk.

Salads available for lunch daily for grades 7 – 12 beginning August 18th